



LOOSE

APRIL

*Spring: A lovely reminder of how beautiful
change can truly be.*



From the Executive Director

Loose Family,

A long winter has ended. The cold brutal winds, the snow and freezing temperatures fade away and we see the light of spring. It is a time of seasonal change the warm breezes, the perfume smell of new flowers and growth and longer days of sunshine and fun.

Our lives reflect the season of change. We witness long, cold and dreary days, one that may bring sorrow and pain. We may find ourselves alone and missing the life we once knew. We are separated from family and friends and face depression because of what we need and cannot have. We have faced the season of winter.

We embrace spring. A lovely reminder of how beautiful change can be. We find that the trials and tribulations of Covid-19 are behind us. Those restriction that isolated us from others are gone. Our ability to socialize with others can now happen. The fear that we all felt has faded away.

So change your life and relive fond memories and make them a reality. Reconnect with friends. Call someone you miss and make plans for long walks, a time to talk about your grand or great grandchildren and plans to go out to dinner. And of course you can always meet them at Loose to enjoy the many programs and events that take place everyday. Family, this is the one most important element of your being that was taken from you. You missed those precious young ones grow up. You could not be part of your loved ones when it meant the most.

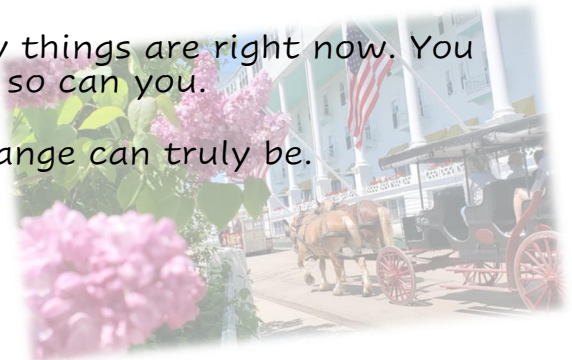
Spring is a season to feel that love you want to share. Plan a family gathering with good food and lots of catching up. Go out and enjoy the warm days with long walks. Plan and develop those beautiful gardens you enjoy so much. Go out to dinner at your favorite restaurant. Go for a long drive to a destination you miss. And take a long weekend and spend four days on Mackinac Island.

It is a time to regain that life you once knew and cherished. And possibly you may even adopt a dog to share your love even more.

Never assume that you're stuck with the way things are right now. You aren't. Life changes every single moment and so can you.

Spring: A lovely reminder of how beautiful change can truly be.

All is well.
Carl Gabrielson
Executive Director
Loose Senior Center



Current Loose Activities

ARTHRITIS FOUNDATION EXERCISE (Tuesday 9:30am and Thursday at 11am)

Low impact physical activity program proven to reduce pain and decrease stiffness. Includes gentle range-of-motion exercises for every fitness level.

YOGA Fee \$5

Gentle Flow Yoga (Monday 2pm, Wednesday and Friday 9:30am) Strengthen your mind and body through yoga, helping with your balance while strengthening your back, abdominals and legs.

CHAIR YOGA (Tuesday 2pm and Thursday 10:00am) Discover the health benefits of yoga while honoring your strengths and limitations. Strengthen your balance and increase your range of motion with the assistance of a chair, a wall or a block to learn a pose or to get deeper into one.

LINE DANCING (Thursday, 12:30pm) Fee \$5

Exercise your body & mind by dancing to lively, upbeat music. Line Dancing is a fun way to dance socially without a dance partner. Many dancing styles are covered and fun is had by all.

ZUMBA GOLD (Friday 11am Fee \$5)

A 45 minute class beginning with 30 minutes of low impact dance/exercise cardio, balance, stretching, toning and brain/movement connection. Gold is a slower paced class that is a fun way for beginners to get moving and active adults to keep moving!

LITERARY STUDIES - Book Club (Second Monday 12:30pm)

This well-read and energetic group meets once per month to explore and discuss a variety of literature. New folks, visitors and guests are always welcome. Come and join us!

WOOD CARVERS (Wednesdays, 12-1:30pm)

Loose wood carvers have an immeasurable amount of knowledge for their craft/hobby and they LOVE to share their knowledge and passion.

PAINTING (Monday 9:30am)

The Loose Center is the perfect place for painters of all levels to meet and work on their projects. We have a wonderful volunteer instructor available to help. The group which meets regularly, is very excited to share, so pack up your project and bring it to the Center!

Must bring and use own materials, there will be no sharing.

ADDITIONAL SERVICES

MEDICARE/MEDICAID/FOOD STAMP ASSISTANCE (MMAP)

Our MMAP Counselors, Ann Walker & Dolores Coulter will be available to meet Medicare beneficiaries by appointment only, by phone. The Michigan Medicare/Medicaid Assistance Program is a free service that can help you make health insurance decisions. MMAP's mission is to educate, counsel and empower Medicare beneficiaries and their service providers so they are able to make informed health choices. If you need assistance, call the Center at 735.9406 to schedule an appointment,.

MICAFE

The Michigan's Coordinated Access to Food for the Elderly (MiCAFE) project makes it easier for seniors to get the food they need to live healthy lives through the Food Assistance Program. This program helps low-income households buy the food they need to maintain their health and independence. Assistance is provided through a Bridge Card that can be used just like cash at most grocery stores. For more information or to schedule an appointment, contact the Center at 810.735.9406

GENESEE COUNTY DEPARTMENT OF VETERANS SERVICES

We welcome John Stilley and his many years of working for veterans and who is now available to assist local veterans and their families in obtaining veteran benefits from Federal, State and County agencies. Call Loose for an appointment— 2nd Tuesday of each month.

ASK THE LAWYER (3rd Wed. of the month, 9:30 am-11:30 am)

Attorney Stacey N. Brancheau will be at the Loose Center to offer free consultations on estate planning. This service is available by appointment only. To schedule an appointment, call the Loose Center at 735.9406.

CONSUMER FRAUD ASSISTANCE

This service is no longer available in one on one form, here at Loose. If you feel as if you have been or are being scammed, please feel free to call Loose and we can get you in touch with the folks who can help or call the Genesee County Sherriff at 810.341.5923.

LOAN CLOSET

If you have need for some medical equipment, please contact Loose at 735.9406. Equipment is loaned without conditions. If you have equipment to donate in good condition, feel free to drop it off during business hours behind the building at the barn on the west end of the building.

COMMODITIES SUPPLEMENTAL FOOD PROGRAM

2nd Monday of each month, 9-10 am

Loose Center is a distribution site for emergency food assistance program.

Activities

Movie Day
April 6th
1pm

St. Vincent

Starring: Bill Murray; Melissa McCarthy; Jaeden Lieberher; Naomi Watts; Chris O'Dowd; Terrence Howard

Maggie a struggling single woman, moves to Brooklyn with her 12-year-old son, Oliver. Having to work very long hours, she has no choice but to leave Oliver in the care of Vincent, a bawdy misanthrope next door. Vincent takes Oliver along on his trips to the race track, strip club and dive bar, and an unlikely friendship is born. The man is a mentor to the boy in his hedonistic way, and Oliver sees the good in Vincent that no one else can.

Lunch at Loose

Come on inside, see the changes we have made to the center, enjoy lunch with the company of new and old friends.

Lunch is just \$5!!!
Punch cards also available - \$50

HEARING SCREENINGS

3rd Wednesday of each month,
10am-3pm, FREE By Appointment
Provided by: Your Hearing Solution



Testing 1 hour, 20-30 minutes for cleaning and adjusting
Phonak, Signa, Sonic, Unitron, Starkey,
Widex, Oticon, Hansaton



"Loose programs and/or services are fully or partially funded by Genesee County Senior Millage funds and Southern Lakes Parks and Recreation Millage Funds. YOUR TAX DOLLARS ARE AT WORK."

DINING ROOM
NOW OPEN
Welcome Back! We Missed You!

PODIATRIST

Tuesday, April 12th (by appointment)

Dr. Koehler from Holly Foot & Ankle Specialists will be accepting appointments at Loose. Services will include toenail trimming, corn and callous removal, diabetic foot care and more. Billing will be made to Medicare, *copays or deductibles may apply*. Please bring a list of all your medications and your insurance cards. Call Loose to set up your appointment.

HAPPY STAMPERS

3rd Tuesday of each month, 1 pm, FREE

If you like to use rubber stamps to make greeting cards, this group is for you. We can always use new ideas, so come, bring your supplies and ideas. Spend time with those who share your interest and be inspired. You will work on your own projects and "show and tell" to motivate and encourage others.



Do You Need A Ride To Loose???

Call Fenton MTA at least 24 hours in advance to schedule your ride.



REMINDER, Loose is NON SMOKING, both facility and grounds. Smoking in vehicles is acceptable.

Loose Activities



Tues, April 12th, 9:30-10:30

Coffee, **COPS** & Conversation will be a monthly opportunity at Loose. Come enjoy a cup of BREW while chatting with those in BLUE! We are excited to welcome our Linden City Police Officers who will join us for an opportunity to discuss issues important to this community and to encourage a continued growing of relationship between our membership. Coffee is FREE, Conversation is FREE and the building of relationships is PRICELESS. Join us!



Card Play 1pm-3pm

Mondays

Euchre and Mahjong

Wednesdays

Pinocle and Bridge

Open Cards - Thursday 9-11am



ONE-ON-ONE FINANCIAL HELP

Last Wednesday of the month, 10:00 am
Financial Advisor Chad Robinson is available for free financial consultations at Loose Center the 4th Wednesday of each month. This service is available by appointment only.

To schedule an appointment, call Loose Center at 735.9406.

WRITE YOUR LIFE STORY
This is my story...

2nd and 4th Friday's—9:30-11:00

Our stories are the unique tapestry of our lives. Our stories tell who we are, what we believe and how we live.

WRITING THOSE STORIES WILL LEAVE A TREASURED LEGACY FOR OUR FAMILIES.

This group meets twice a month to share written stories, often inspired by a "writing challenge", such as *An Unforgettable Experience, My Proudest Moment, My First Job* and many, many more. There is no critiquing, just pure enjoyment in hearing the interesting stories.

ALZHEIMER SUPPORT GROUP

Every 4th Tuesday, 1 pm

The Loose Senior Center is home to an Alzheimer's Support Group. Support Groups are the heart of the Alzheimer's Association and are attended by families, caregivers and friends of persons with Alzheimer's disease, as well as other related dementia disorders. The group welcomes new people at all times and is facilitated by John Strayer of Tanglewood Assisted Living.

Town Hall

with

Rep. Mike Mueller

April 8th at 10:00am



GRIEF SUPPORT GROUP

2nd & 4th Wednesday @ 2pm

We are thankful to Heartland Hospice who has reached out to us and offered to facilitate the Grief Support Group. The group will focus on learning to cope with the loss of a loved one. It will provide education, support and techniques to cope and grow through loss.

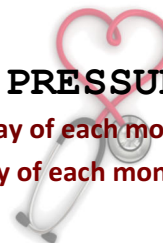
LOOSE FITNESS CLASS PUNCH CARD is available as an economic alternative to paying for most Loose Fitness classes. The drop in fee for classes is \$5 OR participants can purchase a 10 punch card for \$50 with 11th class free (\$4.50/class). Cards can be purchased at the Reception Desk, drop in fees are collected in class. A deal and also a GREAT GIFT!



BLOOD PRESSURE CHECK

2nd Wednesday of each month, 10:30 - 11:30

3rd Thursday of each month, 10:00 - 11:00



March 2022

PHONE
810.735.9406
FAX
810.735.4255

EMAIL
lsc@loosecenter.org
WEBSITE
www.loosecenter.org

OFFICE HOURS
Monday - Friday
9:00 am- 4 pm

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY/SUNDAY

<p>BOARD OF DIRECTORS Frank Lukowski, President Ken Wensel, Vice President Roby Deese, Secretary Rod Martin, Treasurer Ray Culbert Pat Lockwood Joetta Pyles-Zalewski</p>	<p>LOOSE STAFF Carl Gabrielson <i>Executive Director</i> Jaclyn von Linsowe <i>Executive Assistant</i> Dotti Tynes <i>Program Director</i> Cheryl Rex <i>Culinary and Travel Director</i> Dottie Davis <i>Front Desk</i> Chuck Salerno <i>Maintenance</i></p>			<p>1 AARP Taxes by Apt. MMAP Counselor 9:30 Yoga 11:00 Zumba 11:30 Lunch 12:30 Pickleball 1:00 Chorus</p>	<p>2/3</p>
<p>4 9:30 Painting 11:30 Lunch 12:00 Tai Chi 1:00 Card Play Euchre/Mahjong 2:00 Yoga</p>	<p>5 9:30 Arthritis Exercise 11:00 Wii Bowling 11:30 Lunch 1:30 Dining with Diabetes 2:00 Chair Yoga</p>	<p>6 9:30 Yoga 11:30 Lunch 12:00 NO Woodcarving 1:00 Movie Day 1:00 Card Play (Pinochle/Bridge)</p>	<p>7 MMAP Counselor 8:00 Board Meeting 9:00 Open Card Play 10:00 Chair Yoga 11:00 Arthritis Exercise 11:30 Lunch 12:30 Line Dancing</p>	<p>8 AARP Taxes by Apt. MMAP Counselor 9:30 Yoga 9:30 Write your Life Story 10:00 Town Hall 11:00 Zumba 11:30 Lunch 12:30 Pickleball 1:00 Chorus</p>	<p>9/10</p>

<p>11</p> <p>9:00 CSFP 9:30 Painting 11:30 Lunch 12:00 Tai Chi 12:30 Book Club 1:00 Card Play Euchre/Mahjong 2:00 Yoga</p>	<p>12</p> <p>Podiatrist by Apt. 9:00 Veteran Services 9:30 Arthritis Exercise 9:30 Cops & Coffee 11:00 Wii Bowling 11:30 Lunch 1:30 Dining with Diabetes 2:00 Chair Yoga</p>	<p>13</p> <p>9:30 Yoga 10:30 Blood Pressure Check 11:30 Lunch 12:00 Wood Carving 1:00 Card Play (Pinochle/ Bridge) 2:00 Grief Support</p>	<p>14</p> <p>8:00 Board Meeting MMAP Counselor 10:00 Chair Yoga 11:00 Arthritis Exercise 11:30 Lunch 12:30 Line Dancing</p>	<p>15</p> <p>CENTER CLOSED</p> 	<p>16/17</p>
<p>18</p> <p>9:30 Painting 11:30 Lunch 12:00 Tai Chi 1:00 Card Play Euchre/Mahjong 2:00 Yoga</p>	<p>19</p> <p>9:30 Arthritis Exercise 11:00 Wii Bowling 11:30 Lunch 1:00 Happy Stampers 1:30 Dining with Diabetes 2:00 Chair Yoga</p>	<p>20</p> <p>9:30 Yoga 9:30 Ask a Lawyer 10:00 Hearing Screening 11:30 Lunch 12:00 Wood Carving 1:00 Card Play (Pinochle/Bridge)</p>	<p>21</p> <p>MMAP Counselor 9:00 Open Card Play 10:00 Chair Yoga 10:00 Blood Pressure Check 11:00 Arthritis Exercise 11:30 Lunch 12:30 Line Dancing 1:30 Meditation</p>	<p>22</p> <p>MMAP Counselor 9:00 Health Fair 9:30 NO Yoga 9:30 Write your Life Story 11:00 NO Zumba 11:30 Lunch 12:30 NO Pickleball 1:00 Chorus</p>	<p>23/24</p>
<p>25</p> <p>9:30 Painting 11:30 Lunch 12:00 Tai Chi 1:00 Card Play Euchre/Mahjong 2:00 Yoga</p>	<p>26</p> <p>9:30 Arthritis Exercise 11:00 Wii Bowling 11:30 Lunch 1:00 Alzheimer Support 1:30 Dining with Diabetes 2:00 Chair Yoga</p>	<p>27</p> <p>9:30 Yoga 10:00 Financial 1-on-1 11:30 Lunch 12:00 Wood Carving 1:00 Card Play (Pinochle/Bridge) 2:00 Grief Support</p>	<p>28</p> <p>MMAP Counselor 9:00 Open Card Play 10:00 Chair Yoga 11:00 Arthritis Exercise 11:30 Lunch 12:30 Line Dancing</p>	<p>29</p> <p>MMAP Counselor 9:30 Yoga 11:00 Zumba 11:30 Lunch 12:30 Pickleball 1:00 Chorus</p>	<p>30</p>

Upcoming Events

Dining with Diabetes

Join us for a free diabetes education program!

Tuesdays, April 5, 12, 19, and 26th
1:30pm—3:30pm

This is a fun and interactive course series targeting individuals with prediabetes, type 1 or type 2 diabetes, members of their support system and or anyone interested in learning more. Participants learn to make healthy food choices and incorporate balanced menus into the family dining experience.

MICHIGAN STATE UNIVERSITY | Extension

The cost of this class is covered by the generous donation of the Lions International Foundation and the Lions Club of Michigan



Pelvic Health

Thursday, May 19th
1:00pm—2:00pm

Are you experiencing incontinence, constipation, or pelvic pain and dysfunction? These issues are more commonly developed as we age but are not a normal part of aging. There are many things that can be done to address these issues including pelvic floor exercise, relation techniques and behavioral changes.

Join Ivy Rehab Linden physical therapist Brianne Bill PT, DPT for an informational presentation on what you can do to help treat or prevent pelvic floor dysfunction.

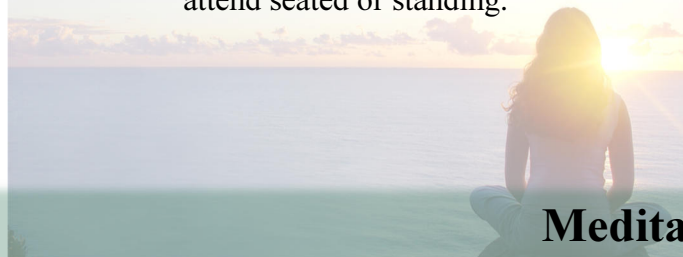
Tai Chi for Arthritis

Mondays Until June 6th
12 Noon

Free Class provided by: MSU

Tai Chi is a gentle exercise combining slow movement, deep breathing and focused intention.

Modifications will be provided for those who want to attend seated or standing.



Meditation

Thursday, April 21st 1:30pm—2:00

Is it time for an emotional calm? A healing slow down? Come join in on a guided meditation and experience the calm. Quiet the mind, relax the body and let go of things you don't need to carry around.

If you would like to be a part of the team here at Loose and volunteer at any of the number of activities going on here or even behind the scene help is always appreciated.

Opportunities:

- Blood Pressure Checks
- Help with set up and tear down for special events
- Help with our Fundraiser Lunches
- Daily Lunches
- And so many more.....

Call and ask for Dotti if you are interested.
(810) 735-9406

2nd Annual



**\$30 per
parking spot**

**May 19, 2022
9am - 4pm**

Register by May 16th

**Cookout Lunch
\$5**

Setup Begins no earlier than 8:30am

If you would like to participate in this event, please fill out the bottom portion of this page and return it to Loose Center at 707 N. Bridge St. Linden, MI 48451. Space is limited!

“Junk in your Trunk” Garage Sale Registration Form \$30 per parking spot

Name: _____

Address: _____

_____ Check _____ Credit Card

**This will be destroyed after payment is processed*

Credit Card Number _____

Expiration Date _____ CVV _____



"A healthy attitude is contagious but don't wait to catch it from others. Be a carrier."
Tom Stoppard

Loose HEALTH fair

LINDEN, MICHIGAN

WHEN?

Friday April 22, 2022
9:00 am - 12:00 noon
Public Health Fair

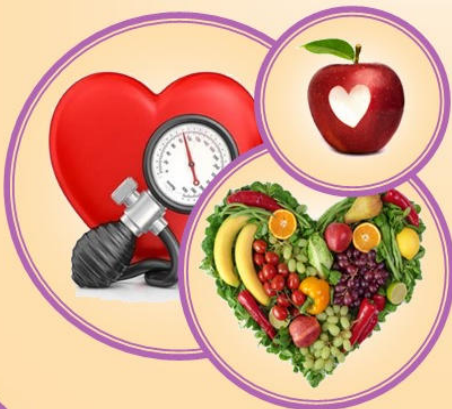
WHERE?

LOOSE CENTER
707 North Bridge St.
Linden, MI 48451

For more
Information, Call
810-735-9401

Visit Loose on the web
www.loosecenter.org

Health Information,
Prizes, Housing Information,
Health Related Vendors,
Blood Pressure Check,
Join us for Lunch 11:30-12:30



**FREE
GIFT**



**LUNCH
PROVIDED**

Valley Area Agency On Aging

Answers, Action & Advocacy
for **All Things Senior**

Senior Power Day

Wednesday, May 25, 2022

9:00 a.m. - 2:00 p.m.

Crossroads Village

6140 Bray Rd., Flint

Tickets \$4.00

Ticket includes, Lunch and Train Ride

STROLLING ENTERTAINMENT



**TRAIN
RIDES**

SENIOR RESOURCE TENT



Travel & Trips

TRIPS @ A GLANCE

April 21	Firekeepers	\$35/person
May 12	Holland Tulip Time	\$98/person
May 18 - May 19	Cruisin' Kentucky	Price Varies
June 6	Sagening Eagle	\$32/person
June 8 - June 10	Mackinac Island—Lilac Festival	\$750/person
June 15	Honkey Tonk Angels (Turkeyville Theater)	\$91/person
June 15	Detroit Tigers Game vs. White Sox	\$75/person
June 20 - June 23	Mississippi River Cruise	Price Varies
June 22	Hamtramck History Tour	\$111/person
July 3 - July 8	New York City	Price Varies
July 13	Huron Lady II	\$86/person
July 13 - July 14	Thunder Bay Resort	Price Varies
July 14	Soaring Eagle	\$35/person
August 11	Detroit Tigers Game vs. Indians	\$75/person
August 15 - August 16	Cleveland Rocks	Price Varies
August 23	Firekeepers	\$35/person
Sept 12 - Sept 17	Heartland of America Tour (Route 66)	Price Varies
Sept 18 - Sept 25	Pacific Northwest	Price Varies
Sept 20	Church Basement Ladies (Turkeyville Theater)	\$91/person
Oct 2 - Oct 9	Yooperland, USA	Price Varies
Oct 10 - Oct 14	Rails of West Virginia	Price Varies

Detailed flyers are available at the Loose Center.

Please note: A reservation is made only when a deposit has been received.

Travel & Participant Statement

RESERVATIONS ARE NOT GUARANTEED UNTIL PAYMENT IS RECEIVED

Loose Senior Citizens Center acts only as an agent for the independent suppliers that provide hotel accommodations, transportation, sightseeing activities, or other services connected with these tours. All such services are subject to the terms and conditions of those suppliers. LSCC, its employees, agents, directors, representatives, and assigns are not responsible for any injury, damages, expenses, or losses of any kind sustained by any person as a result of participation in these tours.

The Whiting Departs at 7pm

May 6th	South Pacific	w/trans. \$57.50	w/o trans \$52.50
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Detailed flyers are available at the Loose Center.

Please note: A reservation is made only when a deposit has been received.

Travel & Trips

Lifelong Learning - Applewood

10:00 - 12:00



- April 15 Great Shipwrecks of the World
- May 20 The Amazing Nethercutt Museum of California
- June 3 World War II/D-Day



Cost: \$8



Play Ball!

Tiger Baseball is Back

- June 15th - Chicago White Sox
- August 11th - Cleveland Indians

\$75/person



May 12th - \$98/person



May 18th - May 19th—Price Varies



June 8th - June 10th - Price Varies



June 22th - \$91/person

May 20—31, 2023 ~ Netherlands, Belgium & France - \$5,749.00 based on double occupancy and bookings by October 21, 2022

May 7—16, 2023 ~ Discover Scotland - \$4,299.00 based on double occupancy and bookings by November 8, 2022

If interested please call the Loose Center for information on a Zoom presentation regarding the forementioned trips.

*These rates are per person and subject to change, based on air inclusive packages from Detroit Metro Airport



Call and Reserve your spot today!
Buses fill up fast!

Travel & Trips

Join Loose Senior Center



Thursday, April 21, 2022
&

Thursday, August 23, 2022

Each **\$35**

DEPARTS
Loose Senior Center
DEPARTURE TIME
10 AM
APPROXIMATE RETURN
7 pm

INCLUDES

- Round Trip Motor Coach Transportation to FireKeepers Casino
- **\$15 in Free Play**
- **\$5 in points** (food & beverage)
- Water & snacks on the bus

JOIN LOOSE SENIOR CENTER



Saganing Eagle's Landing Casino

Monday, June 6, 2022

\$32

DEPARTS
Loose Senior Center
DEPARTURE TIME
10:30 AM
APPROXIMATE RETURN
7:00 pm

INCLUDES

- Round Trip Motor Coach Transportation to Saganing Eagle Casino
- \$10 on Players Card
- \$5.00 Dining Credit for SELC
- PLUS earn 100 points & receive \$10 in Premium Play
- Water & Snacks



LUNCH Pick up at 11:30 am,
only \$5
Please call the day before to reserve
your lunch.

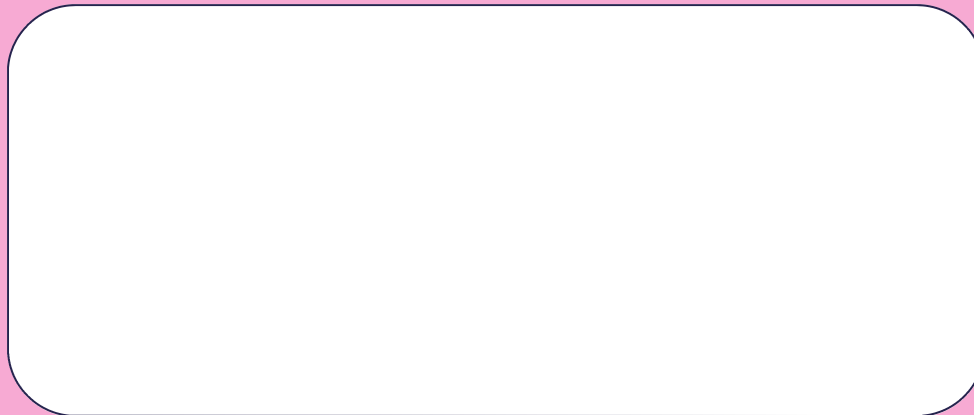
April 2022 Menu

Eat Inside or To-Go

4	Swedish Meatballs over Noodles Vegetable Juice Dessert	5	Tacos Chips & Cheese Fruit Dessert	6	Spaghetti Garlic Bread Salad Fruit Dessert	7	Coney Dog Potato Salad Chips Fruit Dessert	8	Fish Sandwich Pasta Salad Chips Fruit Dessert	1	Mac & Cheese Fish Sticks Veggie Sticks Fruit Dessert
11	Pulled Pork Baked Beans Cole Slaw Fruit Juice Dessert	12	Bean Soup Roll Salad Fruit Dessert	13	Hamburger Gravy over Biscuit Vegetable Fruit Dessert	14	BBQ Chicken Thigh Potato Salad Vegetable Juice Dessert	16	CENTER CLOSED No Lunch Provided		
18	Ghoulash Salad Roll Fruit Dessert	19	Chili Cornbread Cole Slaw Juice Dessert	20	Meatloaf Mashed Potatoes Corn Fruit Dessert	21	Chicken Salad Sandwich Pasta Salad Veggie Sticks Fruit Dessert	22	Hamburger Cole Slaw Chips Fruit Dessert		
25	Hamburger Gravy over Biscuit Vegetable Fruit Dessert	26	Sloppy Joe Cole Slaw Chips Fruit Dessert	27	Chicken Stir fry over rice Egg Roll Fruit Dessert	28	Pulled Pork Baked Beans Cole Slaw Juice Dessert	29	Coney Dog Pasta Salad Chips Fruit Dessert		



PRSRT STD
U.S. Postage
PAID
Flint, MI
Permit No. 6



Loose Garden is BACK!

If you are interested in the return of the Community Garden please come to the center to get information on how to be in on the “ground’ level of the rejuvenation of the land, fence repair and maintenance of the property.

As well as how to possibly get a lot in the garden for yourself!

FREE WI-FI FROM THE LOOSE PARKING LOT

Just park next to the building choose **loose public**, when prompted for the password, type **BeHappy!**